



Gaston County Family YMCA
Y Guides/Princesses

Join the Gaston County Family YMCA for Y Guides and Princesses! This program is designed to nurture a special bond between fathers' and their children. The slogan is "Pals Forever & Friends Always" which creates a strong emphasis on the parent and child doing activities together!

Ages: Fathers and children ages 5 – 12 years

Tribes: Each Tribe holds 8 to 10 pairs that meet each month at member's homes on a rotating basis. The individual tribe sets the tribal schedule, with a general rule of 4 hours a month. The YMCA offers Nation Events for everyone to participate in!

Tribe Selection: Participants are given the option of creating their own tribe or joining an existing group. We try to place pairs in relation to where they live or the school they attend. However, if you already know someone participating you are welcome to request a tribe on the back of this form.

First Year Costs: \$55 for Members, \$75 for Non Members

2nd Year and on: \$45 for Members, \$65 for Non Members

Additional Child: \$35 each Members, \$45 Non Members

Fees include tribe start up materials, patches, feathers, beads, bear claws and a *Nation T-Shirt*. Price does not include vests or specific event fees.

YMCA Y-Guides History

In 1926, Harold Keltner, a YMCA executive in St. Louis, Missouri, and Joe Friday, an Ojibway Indian hunting guide, founded a YMCA parent/child program which became known as Indian Guides. The program was based on dignity, patience, endurance, spirituality, feeling for the earth, and concern for family. In 1954 the first Y-Indian Princess Program was formed in Fresno, California, which allows fathers and daughters the opportunity to participate.

Y Guides/Princess Dads

This program is built on the importance of the father/child bond and allows more opportunity for time spent together. Activities range from camping to arts and crafts and everything in between. The direction of your tribe, location, duration, and frequency of meetings is decided by the tribal dads. Be ready for fun!

Please contact your local YMCA or call JJ Woodruff with any questions concerning this program at jjwoodruff@gastonymca.org or call 704.865. 8551

Financial Assistance ensures that everyone belongs at the YMCA. Contact the Front Desk for more information.

Y GUIDES/PRINCESS REGISTRATION



Child's Name: _____

Name Called: _____

Home Address: _____

City/State/Zip: _____

Grade: _____ Birth date: _____ Age: _____

School: _____

Second Child's Information if on the same tribe:

Child's Name: _____

Name Called: _____

Grade: _____ Birth date: _____ Age: _____

School: _____

Fathers' Information

Father Name: _____ Birth date: _____ Home Phone: _____

Cell Phone: _____ Email : _____

Please check the appropriate choices:

Y Guides

Y Princesses

New Participant

Assign Me A Tribe or Tribe Request _____

Past Participant

Tribe Name _____ Years Participated _____

Child's Tribal Name: _____ Father's Tribal Name: _____

Emergency Contacts other than Parents / Others who may pick up child

Name: _____ Home Phone: _____ Cell Phone: _____

Name: _____ Home Phone: _____ Cell Phone: _____

Medical Information: Please list ALL known medication, food and other allergies, medications, and any other medical or behavioral conditions:

Please contact JJ Woodruff with questions about the Y Guides

and Y Princess Program at the YMCA at 704.865.8551 or jjwoodruff@gastonymca.org.