



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SAFE POOLS HAVE RULES

1. Any child that cannot stand safely in the shallow end must use a Coast guard approved PFD or pass the shallow water swim test. A person over the age of 18 must be in the water and within an arm's reach for those using PFD's.
2. To swim in the deep end children must pass a deep end swim test.
3. Shower before entering the pool.
4. Swimming without a lifeguard present is prohibited.
5. Breath-holding activities are not permitted in Y pools.
6. Walk at all times.
7. Proper swim attire must be worn at all times. No cutoffs or t-shirts.
8. Only Coast Guard approved PFD's are permitted.
9. Food, soda, gum or candy are not in the pool area.
10. Horseplay of any kind will not be tolerated.
11. Glass containers are not permitted in the pool area.
12. Hanging on lap lanes, starting blocks or float lines is not permitted.
13. Children should not use the pool without adult supervision.
14. Adults should not swim alone.
15. Equipment (kickboards, swim belts and water weights) are for instructional use and can be used only with lifeguard permission.
16. Lifeguards have the final decision in all matters concerning your safety in and around the pool.
17. If your child is not potty-trained "swim diapers" or rubber pants are required. Diapers are not allowed.

