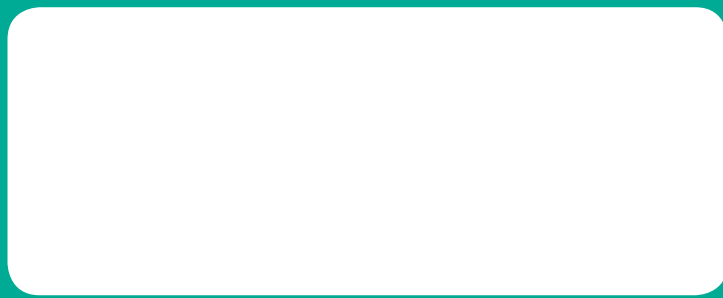




Gaston County Family YMCA
 201 South Clay Street
 Gastonia, NC 28052



**TOGETHER, WE CAN
 BUILD A BETTER US**

THE COMMUNITY NEEDS YOU.



YOUTH DEVELOPMENT



1 in 4 children in North Carolina lives in poverty without access to opportunities to reach their full potential.

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential.

HEALTHY LIVING



23% of N.C. adults are not physically active and even more are obese and at risk for chronic disease.

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. From diabetes prevention to active older adult programs, the Y helps individuals live healthier.

SOCIAL RESPONSIBILITY



1 in 5 individuals in North Carolina struggles to make ends meet.

With our doors open to all, we bring people from all backgrounds together and support those who need us most. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

The Y.™ For a better us.



To learn more about giving to the Y:
 Gaston County Family YMCA
gastonymca.org



A BETTER COMMUNITY A BETTER YOU A BETTER US

Elizabeth Wagoner, 30, has always been active. She loves running and working out. She was more motivated than ever when she saw her dad join a weight loss program at the Y, where he built healthy habits that have lasted years. The Y became a place that the whole family could enjoy spending time together being active.

When she started feeling sick last October, she was first told it was an infection. In February of this year she was diagnosed with Non-Hodgkin's lymphoma. The diagnosis alone would be a shock for any young person just starting out in adulthood. But the timing was especially bad for Elizabeth.

As a teacher, she had watched her students experience difficult life situations, especially those in foster care. She wanted to do something to help and had decided to become a foster parent. "I wanted to give a child the love and support they need until their situation improved and they could return home or be placed with a permanent family," she said.

She was diagnosed just days before her foster daughters, ages 8 and 9, were coming to live with her. It was an unimaginable situation, but Elizabeth's support system stepped in to help her, with fellow family members also becoming certified foster parents. The Y stepped in as well.

The Y was able to offer financial assistance so that Elizabeth's foster daughters could attend After School. This summer, they were able to go to summer camp, where they made new friends and lifelong memories. "They loved everything about summer camp," Elizabeth says. "Seeing them learn and grow has been the best part. They haven't had what we might call a 'normal' childhood, so being able to be in these environments with other children is so important for the girls."

Elizabeth finished cancer treatment in June and was able to join the LIVESTRONG® at the YMCA program, where she met fellow survivors who had undergone cancer treatment. "Just being around people who have been through the same thing you have means so much. We were all from different walks of life, but in the same situation."

Today, Elizabeth is cancer free and her foster daughters are thriving. "I am so grateful to the Y for allowing my family to experience things we wouldn't have been able to otherwise. The Y has been a stronghold for me."

"I'm taking a step back now and enjoying life more. I can appreciate little things now as being a gift."

GIVE TODAY

We have an extraordinary opportunity to ensure a brighter future for our community. Your gift to the Gaston County Family YMCA will have a lasting impact in the community by helping us to reach more people through life-changing programs and services.

The Y.™ For a better us.

\$60

gives a child the opportunity to learn the life-saving skill of swimming or gain confidence during a season of youth sports.

\$130

sends a child to one week of summer day camp filled with enriching, healthy activities and positive role models.

\$370

gives a senior one year of access to the YMCA where they can connect with new friends and improve their health.

\$270

provides one month of before and after school care for a child in need of a safe place to go after the bell rings.

\$680

provides a teen with one year of programming to help them set and achieve post-secondary education and future career goals.

\$1,500

provides a 12-week session of LIVESTRONG® at the YMCA for three cancer survivors and their loved ones.

Fill out, detach & mail this pledge card to **ATTENTION: ANNUAL GIVING CAMPAIGN**, 201 South Clay Street Gastonia, NC 28052 or give your gift online at gastonymca.org

GASTON COUNTY FAMILY YMCA: Annual Giving Campaign

YES, I WANT TO HELP. HERE IS MY PLEDGE FOR:

My pledge: \$ _____
 One Time Monthly Quarterly

My gift will be matched by my employer:

I have included, or plan to include, the Gaston County Family YMCA in my estate plans.

PAYMENT OPTIONS (please select one option)

My personal pledge of \$ _____ will be paid by: (please choose one)

Payment enclosed

Credit Card or bank draft

Use card number on file

Please, call me at: _____

My gift/pledge will be given through Community Foundation Run

Please, bill me

Now for single payment

Quarterly (Start month: _____)

Monthly (Start month: _____)

Other

Name: _____

Signature: _____

Address: _____

Email: _____

Phone: _____

Branch Designation: _____

Campaigner: _____