



Gaston County Family YMCA
2221 Robinwood Road
Gastonia, NC 28054

US: A PLACE FOR ALL TO BELONG

Today, it seems our community is more fractured than ever. Our differences are constantly highlighted and seem to be driving us apart. Our bonds are frayed.

BUT THE Y IS A PLACE WHERE WE CAN ALL BELONG.

We come from many backgrounds and have many voices, but we share a belief. We believe in nurturing the potential of children, helping people live healthier, and supporting our neighbors in need. We believe that together, we can make a stronger community.

Your gift to the Y is supporting academic achievement with children who need it most, giving hope via health to adults who didn't believe they could succeed, and fostering access and inclusion so all in our community have a chance to succeed. You are helping to build a better us.

US: IS COMMUNITY

When you donate to the Gaston County Family YMCA, you make the communities of Gaston County better and the "us" who live in them stronger.

Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.

Healthy Living

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

Donate for a better us.

Every dollar donated to the Gaston County Family YMCA has a lasting impact on the people in our community.

GIVE For a better us.

WAYS TO GIVE:

- Online at gastonymca.org
- Stop by your local Y to make a donation
- Mail in this form



US IS A PROMISE

Annual Giving Campaign
Gaston County Family YMCA

Friendships can bloom in the most unexpected of places. At the Y, paths cross and people meet that may never otherwise have the opportunity to do so. The morning water aerobics class at the Y's pool was home to one of those special friendships that no one could have predicted.

When the Rucker family first walked through the doors of the Y they were looking for some relief for their daughter, Clara, who was two years old at the time. She had been diagnosed with juvenile arthritis and her doctor thought water therapy would help. Michelle remembers, "We had just moved to town and had a baby. We knew the pool at the Y could benefit Clara, but finances were tight. Thankfully, they had financial assistance."

Michelle began taking Clara to the Joints in Motion class, intended to help with mobility issues for older adults with arthritis and other similar conditions. "It was funny to see this little girl with all the older women, but they were so kind and embraced her like a granddaughter. They have fun together. Everyone loves seeing Clara." The other participants also had the same symptoms as little Clara and could offer advice and support to help her.

The class helped with Clara's juvenile arthritis and today she is weaning off medications and learning to ride a bike. It also made her an excellent swimmer, earning the highest qualification at only four years old.

"When we moved here in 2012 we didn't know anyone, the Y is like family to us now. We are so grateful to be a part of the Y."

The Y has become like a second home for Michelle, her husband and three children. "When we moved here in 2012 we didn't know anyone, the Y is like family to us now," says Michelle. The family swims, plays sports and attends most family events the Y offers. "We are so grateful to be a part of the Y."

GIVE TODAY

We have an extraordinary opportunity to ensure a brighter future for our community. Your gift to the Gaston County Family YMCA will have a lasting impact in the community by helping us to reach more people through life-changing programs and services.

The Y.™ For a better us.

\$75

gives a child the opportunity to learn the life-saving skill of swimming or gain confidence during a season of youth sports.

\$150

sends a child to one week of summer day camp filled with enriching, healthy activities and positive role models.

\$320

provides one month of after school care for a child in need of a safe and caring place to go after the bell rings.

\$505

gives two seniors one year of access to the YMCA where they can focus on their health while connecting with new friends.

\$825

connects 15 people with needed resources through the Resource Connection Gateway aimed at breaking the cycle of poverty.

\$1,200

supports 10 weeks of our feeding initiative providing healthy food and education to area youth.

Fill out, detach & mail this pledge card to **ATTENTION: ANNUAL GIVING CAMPAIGN , 2221 Robinwood Road Gastonia, NC 28054** or give your gift online at gastonymca.org

GASTON COUNTY FAMILY YMCA: Annual Giving Campaign

YES, I WANT TO HELP. HERE IS MY PLEDGE FOR:

My pledge: \$ _____
___ One Time ___ Monthly ___ Quarterly
My gift will be matched by my employer:

PAYMENT OPTIONS (please select one option)

My personal pledge of \$ _____ will be paid by: (please choose one)
___ Payment enclosed ___ Please, bill me
___ Credit Card or bank draft ___ Now for single payment
___ Please, call me at: _____ ___ Quarterly (Start month: _____)
___ My gift/pledge will be given through ___ Monthly (Start month: _____)
the Community Foundation Run ___ Other

I have included, or plan to include, the Gaston County Family YMCA in my estate plans.

Name: _____ Signature: _____
Address: _____
Email: _____ Phone: _____
Branch Designation: _____ Campaigner: _____