GREAT COMMUNITIES HAVE STRONG Ys
Gaston County Family YMCA Annual Report 2018

GASTONYMCA.ORG
Dear Friends:

Where to even begin.... 2018 started with a BANG! The Warlick Family Y opened its doors to welcome in its first month of operation nearly 2,000 new members to the Y Family. The wonderful times at the Central and South Gaston YMCA’s are long but memories and new memories are being created at the Warlick Family YMCA.

The Stowe Family YMCA continues to be a steady force on the east side of the county. The R.L. Stowe Jr. Family YMCA was built in 2000. From the thousands of children who have muddied the halls from summer camp to the hundreds of seniors gathering in the “circle” sharing their lives together, Stowe continues to be a life changing destination for improved health, better community and many more opportunities for more muddy feet!

It does not take a full facility to create a great Y. The Pharr Family YMCA and the Cherryville Family YMCA are small town “living-rooms” where friends gather and share life together. Youth are improving their skills through sports, gymnastics and dance. Parents are getting some work out time in between dance classes. Members are joining outside on the main streets of Cherryville to run together through downtown. GREAT Y’s Build GREAT communities.

The success of our years are not measured by things. Our Y success is measured by YOU. Our members, staff, donors, volunteers and community partners. YOU is how we measure success. Thank YOU for helping to make Your Y successful!

Great Communities have Strong Y’s!

Sharon Padgett  
Interim Chief Executive Officer  
Gaston County Family YMCA

Page Carver  
Chief Volunteer Officer  
Gaston County Family YMCA
WHO WE ARE

THE Y’S MISSION
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

THE Y’S CAUSE
To strengthen the foundation of community.

OUR VALUES
- **CARING:** Show a sincere concern for others
- **HONESTY:** Be truthful in what you say and do
- **RESPECT:** Treat others the way you would want to be treated
- **RESPONSIBILITY:** Be accountable for your promises and actions
- **FAITH:** Trust in God

OUR AREAS OF FOCUS

For **Youth Development:** Nurturing the potential of every child and teen.
For **Healthy Living:** Improving the nation’s health and well-being.
For **Social Responsibility:** Giving back and providing support to our neighbors.
A STRONG COMMUNITY, FOR EVERYONE

The YMCA believes that when everyone—young and old—come together, we all benefit. YMCA programs and facilities are most vibrant when they connect the energy and insights of our young people with the experience and mentorship of our oldest.

In 2018, our YMCA grew by 3,324 members. This is a 18% growth.

With this exciting growth, we remain as committed as ever to providing the programs and services our members have come to enjoy at the YMCA.

ANNUAL GIVING CAMPAIGN

Each year, we rely on donations to provide support and opportunities that empower people and communities to learn, grow, and thrive. We work side-by-side with our neighbors to make sure that everyone, regardless of age, income, or background can access our programs and services.

In 2018, our dedicated volunteer campaigners raised $358,000.00 to support programs and services throughout Gaston County.
The Warlick Family YMCA partnered with Gaston County Boys and Girls Club from West Gastonia in 2018. The Learn to Swim program was free of charge to the participants and consisted of 30 minute swim instruction free of charge to the participants. The Warlick Family YMCA served 20 children per session; 60 children throughout the course of the year.

Swim instructor, Erin Amezquita “I think what struck me was that the first time I was in the water with the Boys and Girls Club was that I was looking into the faces of kids who were 10, 11, 12 years old. They were caught between the shame of not being able to swim, fear of the water, and the vulnerability of placing themselves in a position to try to learn the new skill. On the last day they came, they were completely transformed. They were swimming and splashing and were so full of joy and confidence. It seemed like such a short time to transform them but the change was real and their excitement contagious”.

The Pharr Family YMCA promotes character development, confidence, and teamwork through Youth Sports, gymnastics and dance. Nearly 950 youth and teens have been impacted by adult mentors—both staff and volunteer coaches—in leagues, classes, and camps in McAdenville.

Grandparent, Rita Cagle “In 2017, my granddaughters were placed in my custody. The girls came to us very shy and withdrawn, not trusting at all. It was recommended that we give sports a try… It was a true gift that they had the opportunity to have the time of their life and enjoy the magic of the Pharr Family YMCA with the help of financial assistance. Gymnastics and dance have become the love of their life. They are both thriving in life, happy, healthy, confident outgoing children.”
GASTON COUNTY FAMILY YMCA

The Stowe Family YMCA served over 340 children in our afterschool program in 2018. Participation in afterschool boosts academic performance, improves leadership skills, promotes physical activity and provides a safe, structured environment for children. In addition, kids benefit both emotionally and behaviorally when they feel a positive connection to other people. The relationships that are nurtured between staff and children in our afterschool program help by focusing on good character traits. Safety around water is also promoted in our afterschool program. All children in our program are given the opportunity for 8 free swim lessons during the school year through our swim initiative.

Mother of two children in our afterschool program, Claire Combs, “The Stowe Family YMCA has been a blessing to me and my girls. I am able to work throughout the day knowing that they have safe transportation and supervision while I make efforts to make a living and keep us going. The counselors and staff make them feel special and part of the Y family, and that is evident from the many stories they share with me at home. As a parent, I am grateful that the staff are keeping them moving and engaged. Hopefully it will become a part of their everyday lifestyle to exercise and engage in healthy habits. The Y has also provided the girls various opportunities to engage with others and meet friends and peers with whom they enjoy playing and participating in activities. I have shared our success with others in our community and at least one child’s grandparent signed them up this year for afterschool care after my strong endorsement of your programs. Please know that I greatly thank and appreciate you all for providing me and the girls with the sincere concern and support that you have within the past year. The Stowe Family YMCA is making a great difference in our lives.”

CHERRYVILLE FAMILY YMCA

The active older adult population in Cherryville has found a home at the Cherryville Family YMCA. The staff in Cherryville have made a special effort to support health and wellness through group exercise classes, wellness challenges, and social events.

Members Sandra and Jerry, “We joined the Cherryville Family YMCA on Valentine’s Day 2012 and absolutely fell in love with the YMCA.” Despite recent health issues, Sandra is still a consistent participant in the Active Older Adults group exercise classes and Happier Hour on Tuesday mornings. Sandra shared that having a place where “Jerry and I can belong, engage in physical activity and share live with our friends is such a blessing to both of us.”

STORIES OF IMPACT
## BY THE NUMBERS

### 2018 OPERATING REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Membership</td>
<td>$4,973,000</td>
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<tr>
<td>Programs</td>
<td>$2,800,000</td>
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<tr>
<td>Contributions</td>
<td>$358,000</td>
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<tr>
<td>United Way</td>
<td>$32,000</td>
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<tr>
<td>Other</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$8,362,000</strong></td>
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### 2018 EXPENSES

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<th>Category</th>
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<tr>
<td>Program Services</td>
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<tr>
<td>Administrative</td>
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<td>Financial Assistance</td>
<td>$843,000</td>
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<tr>
<td>Depreciation &amp; Interest</td>
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<td><strong>Total</strong></td>
<td><strong>$8,362,000</strong></td>
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### ENDOWMENT CASH BALANCE

- As of November 2018: $179,400

### SUPPORT DOLLARS

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<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Afterschool</td>
<td>$201,250</td>
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<tr>
<td>Health &amp; Wellness</td>
<td>$244,500</td>
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<tr>
<td>Summer Camp</td>
<td>$60,000</td>
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<tr>
<td>Swim, Sports, &amp; Play</td>
<td>$5,500</td>
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<tr>
<td>Education &amp; Leadership</td>
<td>$195,000</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$706,250</strong></td>
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### FUNDING STREAMS

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<tr>
<th>Source</th>
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<tr>
<td>Grand Income</td>
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<td>United Way</td>
<td>$32,000</td>
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<td>Annual Giving Campaign</td>
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<td><strong>Total</strong></td>
<td>$473,000</td>
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### DIRECT FINANCIAL ASSISTANCE GIVEN BY THE YMCA

<table>
<thead>
<tr>
<th>YMCA</th>
<th>Amount</th>
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<tr>
<td>Cherryville Family YMCA</td>
<td>$22,000</td>
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<tr>
<td>Pharr Family YMCA</td>
<td>$15,000</td>
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<tr>
<td>Stowe Family YMCA</td>
<td>$208,000</td>
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<tr>
<td>Warlick Family YMCA</td>
<td>$270,000</td>
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<td><strong>Total</strong></td>
<td>$515,000</td>
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CHAIR’S RED TRIANGLE SOCIETY ($5,000+)
Community Foundation of Gaston County
George and Susie Henry
Greater Charlotte Automobile Dealers Association
Greater Gaston Baptist Association
Jennifer P Davis Associates, LLC
John & Beth McGill
Mann + Hummel
Pharr Yarns
The Pointe Church

CHAIR’S ROUNDTABLE GOLD ($2,500—$4,999)
Andrew Oblinger, DDS PA
Blake Contracting, L.L.C.
Catherine Ann Carstarphen Coca-Cola, Inc.
Consignment Sale—Stowe
First Presbyterian Belmont
First Presbyterian Church of Gastonia
First United Methodist Church
Stanley
Harris Teeter
HRGC LLC
Keith Hawthorne Ford
McAdenville Community Chest
Myers Memorial United Methodist Church
Plato Pearson
Tony Sigmon
U-Haul

CHAIR’S ROUNDTABLE SILVER ($1,000—$2,499)
115 Main Gifts and Provisions
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AB Carter
AccuVision Eye Care
All Saints Episcopal
Andy & Pam Warlick
Ann Sigmon
Associated Foundation
Bayada Home Health Care
Brenda & Tom Falls
Carolina Federal Credit Union
Catawba Heights Animal Hospital
Charlotte Eye, Ear, Nose and Throat Associates
Charlotte Pediatric Dentistry
Cherry Blossom 5k
Choice USA Beverage
Christa and Charles Heilig
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Cougars Inc.
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First United Methodist Church
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Great Clips
Holy Trinity Lutheran
HomeTrustBank
Howe Foundation, Inc
In Honor of Elizabeth Holm and Bob Nauheimer
Janet R Jackson
Jay & Ann Briody
Keith Hawthorne Hyundai
Keith Wilson
Lance Brenner
Mary Lima
McAdenville Table and Market
McAdenville Women’s Club
Meg Howes
Michael Fayed
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Oak Ridge Dental Arts
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Sunbelt Rentals
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TJ Solomon
The Johnson Group
The Spine Clinic at Neuroscience and Spine Center
Thermal Conditioning, Inc.
Thomas R. White
William S Henry

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Allen Lewis

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Morningstar Storage - New Hope
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McHenry Rosemond Reality
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Harrell Terry Butler
Hayley Goldman
Hazel Pearce
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Hunter A McCorkle
Hunter Billey
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Ivy Megan Blanton
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Mary Grier
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Mary Mandaro
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Naidelyn Cruz
Nancie Baker
Nancy Yates
Network for Good
Nissa Rayfield
Noah Shivers
Noel Sweezy
Noelle Sproul
Nora Elizabeth Hulsey
Norma Rico
Oscar L Cloninger
Pamela Russell
Pansy M. O'Donoghue
Pat B Goforth
Patricia Schultz
Patty M Birt
Patz Promotional
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Susan Denny
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Vickie L. Keitz
Vinay Sawhney
Vontry Meeks
Webb Street
William "Terry" Martin
William (Bill) Abrams Jr
William A Gibbons
William Myers
William Piercy
William Steene
Yahaisa Samone Bennett
Zachary Ryan Cary
Zane Bryant
Zenitra McGrinson
Zykevise Armad Gamble
Zoe L. Kincheloe
# LEADERSHIP IN ACTION

## BOARD OF DIRECTORS

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<th>Name</th>
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<tbody>
<tr>
<td>Page Carver, CVO</td>
<td>Tim Efird</td>
<td>Page Carver, CVO</td>
<td>Tim Efird</td>
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<tr>
<td>David Rogers, Treasurer</td>
<td>Dana Harper</td>
<td>David Rogers, Treasurer</td>
<td>Dana Harper</td>
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<tr>
<td>Steve Huffstettler, Past CVO</td>
<td>Dr. Malinda Lowery</td>
<td>Steve Huffstettler, Past CVO</td>
<td>Dr. Malinda Lowery</td>
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<tr>
<td>Dr. Melissa Balknight</td>
<td>Mike Lynch</td>
<td>Dr. Melissa Balknight</td>
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<tr>
<td>Jay Briody</td>
<td>Monte Monteleone</td>
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<tr>
<td>Frank Craig</td>
<td>Scott Roberts</td>
<td>Frank Craig</td>
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<tr>
<td>Lee Dubois</td>
<td>Rochelle Skarpalezos</td>
<td>Lee Dubois</td>
<td>Rochelle Skarpalezos</td>
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## CHERRYVILLE FAMILY YMCA—Board of Advisors

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<th>Position</th>
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<tbody>
<tr>
<td>Ronnie Allman</td>
<td>David Kiser</td>
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<tr>
<td>Arden Curry</td>
<td>Sharon Knuals</td>
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<td>Teresa Harrill</td>
<td>Arlette Lackey</td>
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## PHARR FAMILY YMCA—Board of Advisors

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<tbody>
<tr>
<td>Rochelle Skarpalezos—Chair</td>
<td>Caren Berrier</td>
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<tr>
<td>Fred Erickson—Treasurer</td>
<td>Dr. Elizabeth Bumgarner</td>
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<tr>
<td>William Howe—Past Chair</td>
<td>Carol Carstarphen</td>
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<tr>
<td>Laura Arnold</td>
<td>Shawn Coulter</td>
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## STOWE FAMILY YMCA—Board of Advisors

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<tbody>
<tr>
<td>Dana Harper—Chair</td>
<td>Allen Durst</td>
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<tr>
<td>Rev. Samuel Warner—Treasurer</td>
<td>Mike Fayed</td>
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<tr>
<td>Kenny Curnow—Past Chair</td>
<td>Ray Hardee</td>
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<tr>
<td>Tom Bocchino</td>
<td>Suzanne Hunnicutt</td>
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<td>Kathleen Boyce</td>
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<td>Garrie Brinkley</td>
<td>Andrea McEntyre</td>
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<td>Reina Chicas</td>
<td>Beth McGill</td>
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<td>Ashli Denton</td>
<td>Rev. Mitch Murrow</td>
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## WARLICK FAMILY YMCA—Board of Advisors

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<th>Position</th>
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<tbody>
<tr>
<td>Lee Dubois—Chair</td>
<td>Dr. Kelvin Harris</td>
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<td>Donyel Barber</td>
<td>Christa Heilig</td>
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<td>Frank Craig</td>
<td>George Henry</td>
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<tr>
<td>Mary Doctor</td>
<td>Joel Long</td>
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<tr>
<td>Mandy Efird</td>
<td>Gene Matthews</td>
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<tbody>
<tr>
<td>Lee Dubois</td>
<td>Dr. Richard Rankin</td>
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<tr>
<td>Donyel Barber</td>
<td>Janet Sytz</td>
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<tr>
<td>Frank Craig</td>
<td>Andy Warlick</td>
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GASTON COUNTY FAMILY YMCA

Strengthening the foundations of community.

gastonymca.org