

**Stowe Family YMCA  
Pool Schedule Jan. 1<sup>st</sup> – Feb. 28<sup>th</sup>**

<b>Activity</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Pool Opens</b>	1:00 pm	5:00 am	5:00 am	5:00 am	5:00 am	5:00 am	7:00 am
<b>Water Aerobics Aqua-Strong</b>	4:00-5:00 pm	8:15-11:45 am 6:30-7:30 pm	8:15-11:00 am 6:30-7:30 pm	8:15-11:45 am 6:30-7:30 pm	8:15-11:00 am 6:30-7:30 pm	8:15-11:45 am	9:00-9:45
<b>Swim Lessons Swim Team</b>	N/A	6:00-7:00 pm	11:00-11:30 am 5:30-7:45 pm	<b>6:00-8:15 Adult</b> 6:00-7:00 pm	10-11:00-Adult 5:30-7:15 pm	6:00-7:00 pm	10:00-12:45
<b>After school swim</b>							
<b>Lap Swim</b>	<b>2 lap lanes</b> 1:00-5:30	<b>2 lap lanes</b> 6:00 pm-8:30 pm <b>3 lap lanes</b> 5:00 am-7:30 am <b>1 Lap lane</b> 3:30 pm – 6:00	<b>2 lap lanes</b> 5:00 am-3:30 pm 7:30-8:30 pm <b>3 lap lanes</b> 5:00 am-7:30 am <b>1 Lap lane</b> 3:30 pm – 6:00	<b>2 lap lanes</b> 5:00 pm-3:30 pm <b>3 Lap lanes</b> 5:00am-7:30 am <b>1 lap lane</b> 3:30-6:00pm	<b>2 lap lanes</b> 5:00 am-3:30 pm 7:30-8:30 pm <b>3 lap lanes</b> 5:00 am-7:30 am <b>1 Lap lane</b> 3:30 pm – 6:00	<b>2 lap lanes</b> 5:00 am-3:30 pm <b>3 lap lanes</b> 5:00 am-7:30 am <b>1 Lap lane</b> 3:30 pm – 7:00	<b>2 lap lanes</b> 9:00-5:30 pm <b>3 lap lanes</b> 7:00-9:00 am
<b>Family Swim</b>	1:00-5:30 pm	<b>See Schedule</b>	<b>For open</b>	<b>Swim times</b>	<b>See</b>	<b>Schedule</b>	1:00-5:30 pm
<b>High school swim Last day Feb 9th</b>	N/A	3:30-6:00	3:30-6:00 pm	3:30-6:00 pm	3:30-6:00 pm	3:30-6:00 pm	N/A
<b>Pool Closes</b>	5:30 pm	8:30 pm	8:30 pm	8:30 pm	8:30 pm	8:30 pm	5:30 pm

**Changes to Pool Schedule:**

1. If there are no Parties scheduled on Saturday or Sunday then an additional lane may be opened.
2. From 5:00-7:30 am there will be 4 lap lanes Monday-Friday
3. During swim meets pool is closed at 3:00 pm